

Discovery: asks the reader to look through the Bible to find other examples of the concept being covered. This works to expand the reader's understanding of the concepts from a Biblical perspective.

Reflection: asks the reader to look into their own life to see where the concept being covered may have surfaced. This works to show that these are not just archaic or mythical concepts, but the beatitudes are concepts that still work today.

Activation: asks the reader to implement the concept as it has been presented into their daily life. This works to take what the reader has learned and put it into practice rather than just reading the book and doing nothing.

Service: asks the reader to take what they have learned and implement it in their community. This works to allow the reader to fulfill Christ's ultimate calling for His followers: to be witnesses to the world.

Memorial: asks the reader to create something that will remind them of their journey to better knowing God. This works to cement the concepts in the readers mind so that they can look back and remember what they accomplished.